



Professional development  
for health professionals

ONE-DAY WORKSHOP

# Cambridge Supervision Training

www.cambridgesupervisiontraining.com

**Saturday 28 April 2018**

9.30am to 4.30pm (Registration & coffee/teas from 9.00am) Fee £95

**Thriplow Village Hall, Middle Street, Thriplow, Cambs SG8 7RD**



## Supervising professionals who work with young people

What's going on: intra-psychically,  
inter-personally and in supervision?

### A workshop with **Nick Luxmoore**

**Nick Luxmoore** is a trainer, school counsellor, teacher, youth worker and psychodrama psychotherapist (UKCP registered). He has nearly 40 years' experience of working with young people and with the professionals who support them.

Nick's career has included teaching in schools and prisons, running a youth centre and theatre, setting up and managing a young people's counselling and information service, working as a school counsellor and as a counsellor with young refugees and asylum seekers.

He is the author of ten books, all published by Jessica Kingsley, most recently *Horny & Hormonal: Young People, Sex and the Anxieties of Sexuality* (2016), and *Practical Supervision For Counsellors Who Work With Young People* (2017).



However lurid their symptoms, most young people are living through developmental crises for which there are no quick fixes. They have to carry on living with imperfect parents and imperfect professionals in an imperfect world, learning to bear the disappointment of that world, learning how much agency they can and can't have.

Supervision aims to contain the work of hard-pressed professionals forever thinking on their feet as they respond to young people personally, practically and theoretically.

This experiential workshop will explore our responses to the adolescents we encounter as we supervise others.

- What draws us to this work in the first place?
- How do we contain the work of professionals struggling to make sense of young people and sometimes getting caught up in young people's unconscious processes?
- What's characteristic and what's to be learned about supervising professionals who work with young people?

*Please bring a contribution for a shared lunch*

All enquiries to Jim Holloway [cstpartnership@gmail.com](mailto:cstpartnership@gmail.com) or 01223 846884

**BOOKING SLIP** Supervising professionals who work with young people with Nick Luxmoore 28 April 2018

Name ..... Phone .....

Address .....

..... Email .....

Please post to: **CST, 8 Sefton Close, Cambridge CB2 9HY** with non-returnable cheque for **£95** payable to '**Cambridge Supervision Training**'. (To pay using PayPal please go to the CPD page on our website.) We will contact you by email to confirm your booking with a receipt.