



Professional development
for health professionals

ONE-DAY WORKSHOP

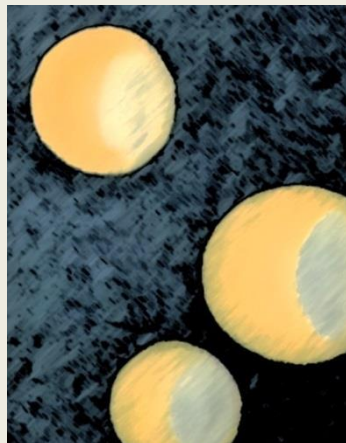
Cambridge Supervision Training

www.cambridgesupervisiontraining.com

Saturday 18 November 2017

9.30am to 4.30pm (Registration & coffee/teas from 9.00am) Fee £95

Thriplow Village Hall, Middle Street, Thriplow, Cambs SG8 7RD



Working with Authority and the Shadow in Supervision

An experiential workshop with Steve Page

The concept of Shadow, originally introduced into the psychotherapeutic field by Carl Jung, offers fruitful perspectives from which to consider some of the unseen aspects of what is present in the supervisory encounter.

The authority inherent in the role of supervisor is fertile ground for shadow material to emerge: in how the supervisor exercises or does not exercise their authority and how the supervisee relates to that authority.

As supervisors, we inevitably bring elements of our own shadow into our work. Also, it is one of our significant tasks to enable our supervisees to recognise more of their own shadow, which may emerge in their work with clients and in our supervisory relationship.

Workshop format

Through experiential exercises and discussion, we shall explore our personal shadow as supervisors, identify some of the experiences that influence our attitude towards authority and consider ways in which we can assist our supervisees along the pathway of recognising, accepting and incorporating aspects of their own shadow when it emerges.

Please bring a contribution for a shared lunch

All enquiries to Jim Holloway cstpartnership@gmail.com or 01223 846884

Steve Page is a coach, counsellor and supervisor, now working in private practice in North Yorkshire. His forty-year career has spanned therapeutic communities and higher education, with a thread of supervision running throughout. His therapeutic orientation has its roots in humanistic and psychodynamic traditions. Steve is co-author, with Val Wosket, of *Supervising the Counsellor and Psychotherapist* (3rd edition 2014) and author of *The Shadow and the Counsellor* (1999). He is currently the supervision specialist on the executive of the BACP Coaching Division. You can find out more at www.steve-page-yorks.co.uk.



BOOKING SLIP Authority and the Shadow in Supervision with Steve Page on Saturday 18 Nov 2017

Name Phone

Address

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Please post to: **CST, 8 Sefton Close, Cambridge CB2 9HY** with non-returnable cheque for **£95** payable to '**Cambridge Supervision Training**'. (To pay using PayPal please go to the CPD page on our [website](#).) We will contact you by email to confirm your booking with a receipt.