



ONE-DAY WORKSHOP

CAMBRIDGE SUPERVISION TRAINING

www.cambridgesupervisiontraining.com

Saturday 4 February 2012

9.45am to 4.00pm (Registration & tea/coffee from 9.15am)
Thriplow Village Hall, Middle St, Thriplow, Cambs SG8 7RD

Solution Focused Supervision

Presented by Carole Waskett

BSc, PG Dip. Counselling in Primary Healthcare, PG Cert. Supervision

Solution focused supervision uses the respect, curiosity and language skills of the approach to help the supervisee to move towards (even) greater excellence in their practice. Using this non-expert approach means the skills are facilitative rather than expert or advisory.

This workshop will also be of interest to supervisors offering supervision to different disciplines such as: nurses, allied health professionals and social workers. We may also have the opportunity to look at Solution Focused group work if this is of interest to participants.

The day will be active and pragmatic with lots of practice, and Carole will build on the skills and interests participants bring. As an integral part of the training Carole also offers all participants the opportunity of email follow-up for three months after the course.

Fee: £90. For further information please contact **Penny Henderson at CST**
Phone: **01223 369198** Email: **ph286@cam.ac.uk**

Carole Waskett has a career of over 25 years of counselling in primary care, plus nearly ten years of teaching people in the helping professions about solution focused therapy and supervision. She is regularly commissioned to run courses in supervision skills for NHS Trusts and social workers, and has developed the '4S' model for embedding supervision in such organisations, focusing in more recent and cash-strapped times on group working. She is delighted by the privilege, intrigue and simplicity of teaching adults in a solution focused way. Further information: www.northwestsolutions.co.uk

Please bring a contribution for a shared lunch

BOOKING SLIP: Solution Focused Supervision on 4 February 2012 Fee: £90

Name Phone

Address

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Email

Please send to: Cambridge Supervision Training, 8 Emery St, Cambridge CB1 2AX with non-returnable cheque for £90 payable to **'Cambridge Supervision Training'**